

STATE REGISTRATION OF NURSES.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—My congratulations to the nursed and nursing public of Great Britain upon this the occasion of the formation of "The Society for the State Registration of Trained Nurses"; I shall want to follow its work closely in its official organ, THE BRITISH JOURNAL OF NURSING, and, while wishing it every success, shall not pray the path may be entirely free from obstacles, for opposition is necessary to progress, and failing the stimulus of such we might settle down fairly well content with ourselves.

Very truly,

MARY E. THORNTON,

Hon. Secretary the Nurses' Associated Alumnae of the United States.

Comments and Replies.

Phthisis.—The lectures are published in book form, under the title "The Nursing of Diseases of the Chest." The book may be obtained from the offices of the BRITISH JOURNAL OF NURSING, 11, Adam Street, Strand, W.C., price 5s., post free.

Miss Pelham, York.—We are forwarding to you by post copies of the Memorandum on the State Registration of Trained Nurses, as well as some application forms. The latter, when filled in, should be sent to the Hon. Secretary, 20, Upper Wimpole Street, W., endorsed "State Registration."

Mrs. J., Preston.—Our correspondence has now become so voluminous that we are compelled to ask all correspondents who wish for an answer, except through these columns, to enclose a stamp for a reply. This is the rule in all business offices, and though for many years we have waived it, the bulk of our daily post-bag and the heavy expense entailed in dealing with this mass of letters compels us to ask for its observance in the future. We shall be glad to make an appointment if you will write again when you come to town.

Sister Janet.—Listerine is an American preparation, but it may be obtained in this country through Messrs. S. Maw, Son, and Sons, 7 to 12, Aldersgate Street, London, E.C., who are the British agents.

Nurse Chambers, Bristol.—Application should be made in the first instance to the Secretary, Registered Nurses' Society, 269, Regent Street, W. Only those nurses are eligible for membership who hold the three years' certificate of a general training school. It is also very desirable before taking up private work to have had experience in one or more specialties, such as maternity nursing, massage, and fever nursing.

Elders Daughter.—You should obtain the *Nursing Directory*, published under the authority of the Matrons' Council, and obtainable from the offices of this journal. This will give you the information you require about all the principal nurse-training schools. After making up your mind which hospital you would like to enter, you should write to the Matron and ask for an interview.

Traveller, Bath.—Petanelle, which is now largely used as a surgical dressing, is also utilised for underclothing, and is just the thing for hot weather, being deodorant and absorbent. It also dries with remarkable rapidity. It is a patent preparation, made from fibrous peat.

Staff Nurse, Birmingham.—Yes, we have no hesitation in recommending Thomson's Gracious corsets. We know them to be satisfactory and durable, and we consider them specially suited for nurses' wear, as the steels are so cleverly arranged that they cannot be broken when the wearer stoops. The price is 8s. 11d. per pair, and they can be had of all the principal ladies' outfitters.

Notices.

THE "BRITISH JOURNAL OF NURSING."

The subscription price is: twelve months, 6s. 6d.; six months, 3s. 6d.; three months, 1s. 9d.; Abroad, twelve months, 9s. If obtained through the local news-agent, 1d. weekly. The price has *not* been raised.

Special numbers will be 2d.

A HELPING HAND.

The Editor will be greatly obliged if regular subscribers who receive an additional copy of the special number of this journal, the first under its new name of the BRITISH JOURNAL OF NURSING, will pass it on to some friend who is likely to be interested in the aims of the journal.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page XVIII.

THE "AMERICAN JOURNAL OF NURSING."

As a matter of convenience, our subscribers may send their subscriptions to the *American Journal of Nursing* through the publishing offices of this journal. The annual subscription, which includes foreign postage, is 10s. 6d., and should be sent in the form of post-office order or cheque, never in cash or stamps.

Grape-Nuts.

A New and Highly Nutritious Food.

The odd sounding name is used to designate a peculiar food, made not exactly in the shape of nuts, but having a pleasant, nutty flavour and crisp brittleness that makes it a charming favourite with the palate.

Of yet more value than the taste is the food value of Grape-Nuts ready cooked breakfast food. It is largely composed of Grape-Sugar (your dictionary can tell you about that), and those who use the food will find the morning meal has not only been pleasant, but has been quickly and easily digested, for grape-sugar is an article produced in the human body at one stage of the digestion of food, and is at once ready for transformation into good, healthy blood and nourishment.

Do not understand that the grape-sugar, of which Grape-Nuts is made, has been produced in the human body. But this grape-sugar is made by much the same process as the body employs, and is produced by natural treatment of grains without any foreign substance whatever. The result is perhaps the most highly nutritious food ever produced.

This breakfast food is for use the year round. In Winter it is frequently used with cream or hot milk, and in Summer with cream poured over it. A breakfast consisting of Grape-Nuts and cream—the former to be obtained of all grocers in 7d. packets—a little fruit, and one or two soft eggs is ideal, and puts one in perfect condition to withstand any ordinary temperature with entire comfort.

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